



THE SPRING LAKES PARK

GAZETTE

AN AGE 55 COMMUNITY

SLP Contact Information

Park Office: 438-2407

After hours Park Assistant Manager: 818-0902

Contacting the Management Committee: mc@springlakespark.net

OUR 52nd Year

Feb. 28, 2025

WEEKLY ACTIVITIES

<u>FRI. FEB. 28</u>	
EXERCISE CLASS	10:00AM
<u>SAT. MAR. 1</u>	
<u>SUN. MAR. 2</u>	
NIGHT AT THE OSCARS	3:00 PM
<u>MON. MAR. 3</u>	
EXERCISE CLASS	10:00 AM
BILLIARDS	1:00 PM
FILM & FOOD INTRO.	5:00 PM
<u>TUES. MAR. 4</u>	
AERO. CLASS	10:00 AM
CHAIR YOGA CLASS	3:00 PM
<u>WED. MAR. 5</u>	
CHOIR PRACTICE	10:30 AM
LINE DANCING	1:30 PM
<u>THURS. MAR. 6</u>	
JAZZ CONCERT	4:00 PM
<u>FRI. MAR. 7</u>	
EXERCISE CLASS	10:00 AM

HAPPY BIRTHDAY

PAULINE ROSS	28 TH
YVONNE NELSON	1 ST
JIM JORRICK	1 ST
JERRY REICH	4 TH
JOYE JOHNSON	5 TH

HOMES FOR SALE



34, 36, 40, 65, 90 & 104

FROM THE MC

The recently completed hydrologist's "preliminary modeling report" is available in the library. Please leave the report in the library and let Mary know if you would like a printed copy.

The detailed model shows the sources of water that feed into the lakes, the capacity of each pond and lake for storing water, the level where water drains from Lower Lake to Camp Evers Creek, and most importantly, what and where the flooding potential is. Maps show the potential flooding extent and depth for intense 24-hour storms using models for what are termed 10-year, 25-year, and 100-year storms. Perusing this report will give you important context for the forthcoming recommendations that partners will have the final vote on.

These risk levels aid decisions such as whether and where to excavate or fill depressions, and to confine or release drainage water. The final stage in the hydrologist's project began this week, to identify constraints and opportunities for our lakes' system, and for the Upper Commons planning.

Entering the bird migration season, the possibility increases that birds infected with bird flu would enter the park. In wild birds, the flu mainly affects waterfowl, and some may carry it without showing symptoms. If you find a dead bird, please keep your distance, and alert the maintenance crew, who follow health guidelines when disposing of it.

MC ELECTIONS UPDATE:

The Nominating Committee (NC) is underway seeking candidates interested in running for the Management Committee (MC). If you are interested, or you know anyone who would like to be considered, please contact us so we can get them information regarding the MC.

Please contact Nancy DeSaedeleer at Dollop52@comcast.net, Janet Hill at janetmhill12@gmail.com, Kathy Dottai at dottai2@yahoo.com



NIGHT AT THE OSCARS PARTY SUNDAY, MARCH 2nd, 3 to 7pm

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Do you love movies? Enjoy talking about them with your friends? Come to Spring Lakes Park's **Night at the Oscars Party**. We'll stream the red carpet and awards ceremony and project it on the big screen in the clubhouse. We'll begin by watching (and gossiping) about Red Carpet looks, then hang around to hear host Conan O'Brien start out the night. Some die-hards will probably stay 'til the very end (7pm) but it's not a requirement.

Please bring an appetizer or treat to share. Cash bar open from 3 to 6pm. Dress up if you'd like, wear your best bling, and enjoy watching the Oscars with your neighbors.

Questions? Email or text June Langhoff junelanghoff@gmail.com, 295-4537.

FILM & FOOD

Introduction only ~ Monday, March 3rd 5pm to 7pm at the Clubhouse

This class will be offered on the first Monday of each month.

Tamara will share the cultural significance of food and film as well as perspective.

Will be similar to a book club.

Once a film is chosen (by the group), the partners will meet the following month on Monday.

Partners will watch the film on their own time or with others and bring a dish to share related to the film and be prepared to collectively discuss their own perspectives.

If it's a French film, each partner brings a French dish to share.

PLEASE RSVP NO LATER THAN THE MORNING OF THE EVENT! If you need to cancel, please call Tamara in advance. If you have already RSVP, please confirm by Monday morning so I have an accurate count. Tamara: 510-978-8588

If one has allergies, special diets, health concerns they are still welcome to attend and bring their own special dish and perspective.

SPECIAL NOTE: ALL CLASSES ARE FRAGRANCE FREE. THIS INCLUDES COLOGNE, PERFUME, LOTIONS AND HAIR PRODUCTS

Chair Yoga, Mindfulness Living, Meditation

The next Chair Yoga class will be on March 4th at 3pm and will continue weekly on Tuesdays at 3pm.

NOTE: The fourth Tuesday of the month Chair Yoga class will be held in the Party House.

Reservations required. Please RSVP by Tuesday morning with Tamara at 510-978-8588. If you must cancel, please call Tamara in advance. Thank you!

March Classes:

March 4 ~ Chair Yoga, 3pm ~ Clubhouse

March 11 ~ Chair Yoga, 3pm ~ Clubhouse

March 18 ~ Chair Yoga, 3pm ~ Clubhouse

March 25 ~ Chair Yoga, 3pm ~ Party House



PLEASE JOIN US AT THE SPRING LAKES CLUBHOUSE

Thursday, March 6th 4:00 – 6:30 pm

The Ben Flocks Jazz Ensemble

An Extraordinary Cast of Musicians Not to Be Missed!

AMAZING PIANIST AND COMPOSER JON DRYDEN

CREATIVE NEW YORK BASSIST SCOTT COLBERG

INNOVATIVE LOS ANGELES DRUMMER BEN RING

CAPTIVATING MONTEREY VOCALIST MIRANDA PERL

SOULFUL IMPROVISATIONALLY SKILLED LOS ANGELES AND NEW YORK

SAXOPHONIST BEN FLOCKS

Complimentary Pizza. Bar Open for Beverage Purchases.

HOPE YOU CAN MAKE IT. IT'S FREE AND IT WILL BE SENSATIONAL!

SPONSORED BY THE WILLIAM H. NADEAU MEMORIAL FUND

Cribbage:

We will be playing cribbage beginning on March 11th at 2pm and continuing once a month on the second Tuesday of the month at 2pm in the library. The boards will be provided. If you need basic instructions on how to play, please show up at 1:30.



It's a St. Patrick's Day Celebration – SLP Style

Monday, March 17th

Buffet Featuring:



~ Corned Beef ~

~ Boiled Cabbage & Potatoes ~

~ Served with Horseradish & Whole Grain Mustard ~

~ Rolls & Butter ~

and

Lime Sherbert for Dessert!



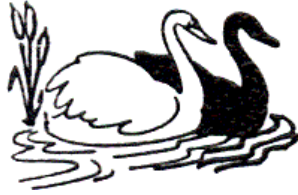
The Bar opens at 5:00 & Dinner served at 6:00

Price is \$15.00; please make your check payable to Spring Lakes Park and drop off check at the clubhouse lobby reservations area.

Please bring your own table service.

Stick around and play two games of Bingo! \$5.00/card and winner splits half the pot with the House!

Note: Unfortunately, "Take Outs" are **not** available.



Mark Your Calendar! 2025 Upcoming Activities

March 2 - Sunday -Pop Up Oscars Party 3 to 6pm.

April 16 - Wednesday Soup Luncheon 12 noon

May 3 -Saturday - Cinco De Mayo lunch and burro races

June 7 - Saturday- Breakfast in the Park

July 4 - Friday - Parade and lunch

August 9 - Saturday - Corn Hole Tournament and lunch

October 18- Saturday- Art & Craft Fair

October 26 - Sunday - Halloween Rock N Roll Party/Joint Chiefs

Car Port Sale - No definite date yet, but sometime in June

Parade of Homes. TBD

Currently scheduled dinners

March 17 - Monday 6pm. St. Patrick's Day Dinner

Read your Gazette for information about dinners and all activities!

Please know that if you want to start a book club, a game to play, or anything like that you can do this without Activities. Examples that are currently being offered would be Bunco, Balance Class, Meditation/chair yoga and weekly exercise classes in the clubhouse. You can organize this type of event by confirming there are no scheduling conflicts and announcing it in the Gazette.